



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

HSE - Eastern Region
Department of Public Health
Room G29
Dr. Steevens' Hospital
Dublin 8
Tel: +353 1 635 2145
Fax: +353 1 635 2103

Date 03/05/2019

Dear Parent/ Guardian,

We have been advised of a case of mumps at your child's school.

Mumps is a viral infection. Symptoms include fever, headache, and swelling of cheek and jaw. More rarely, meningitis, encephalitis and deafness can occur. People are infectious for up to 7 days before the cheek swelling appears and remain highly infectious for 5 days after the swelling started.

To prevent the spread of mumps we recommend that students:

- should be vaccinated appropriately with two MMR vaccines.
- who develop symptoms of mumps **be excluded from school for 5 days following the onset of swelling and**
- are advised to telephone their General Practitioner for advice on management.

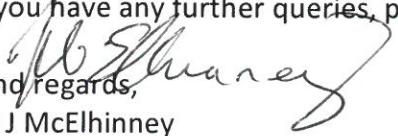
There is no specific treatment for mumps. Treatment that can be used to relieve symptoms include:

- getting plenty of bed rest and fluids
- using painkillers, such as paracetamol
- applying a warm or cool compress to the swollen glands to help relieve pain

Students that have not received two doses of the MMR vaccine, or are unsure of their vaccination status, and have not had mumps are advised to attend their GP or student medical service for vaccination.

The MMR is available free of charge. To claim payment for vaccination of students with MMR in this area (Dublin, Kildare, Wicklow) please use the outbreak code: E MMR 2019. Please ensure students provide this code to the GP if they are attending for vaccination.

If you have any further queries, please do not hesitate to contact us at the above number.


Kind regards,
Dr J McElhinney
Senior Medical Officer
IMC 012110

For further information on mumps visit: <http://www.hpsc.ie/a-z/vaccinepreventable/mumps/factsheets/mumpsfaqsforthegeneralpublic/>